

CLINICAL DOCUMENTATION: TYPE 2 DM

THE DIAGNOSIS	Type 2 Diabetes Mellitus
COMMON CONDITIONS	<p>Type 2 diabetes mellitus with CKD (V28) – E11.22**</p> <p>Type 2 diabetes mellitus with polyneuropathy (V28) – E11.42</p> <p>Type 2 diabetes mellitus with mild Nonproliferative diabetic retinopathy with macular edema, bilateral (V28) – E11.3213**</p> <p>Type 2 diabetes mellitus with hyperglycemia (V28) – E11.65</p> <p>Type 2 diabetes mellitus without complication (V28) – E11.9</p> <p>Long term current use of insulin (V28) – Z79.4</p>
V28 MODEL CHANGES	<p>Drug or chemical induced diabetes no longer risk adjusts.</p> <p>Hypo/hyperglycemia is no longer considered a chronic condition.</p> <p>Risk Adjustment Factor (RAF) score dropped for diabetes with complications and went up for diabetes without complication, and both are 0.166.</p>
MEAT the DOCUMENTATION M= Monitor E = Evaluate A = Assess/Address T = Treat	<p>Assessment and Plan example:</p> <p>Type 2 DM with CKD Stage 3b (E11.22, N18.32) – Reviewed Mrs. H’s diabetes log with her, most FBS around 160s. A1c today 7.2, good control. No hypoglycemic episodes. eGFR 42. Pt continues with glipizide and insulin glargine and sees her endocrinologist every 3 months. No changes in medications. Diabetic foot exam negative, no skin breakdown, good pedal pulses.</p> <p>M – Signs and symptoms, such as hypoglycemia.</p> <p>E – Test results or vital signs, such as A1c and eGFR.</p> <p>A – Order tests or patient discussion, such diabetic foot exam and reviewed diabetic log with patient.</p> <p>T – Medications, therapy, or other modalities, such as diabetic medications and follows with endocrinologist.</p>
IMPACT on QUALITY – HEDIS MEASURES	<ol style="list-style-type: none"> 1. Diabetes: Eye Exam (CMS 131) – retinal exam 2. Diabetes: Hemoglobin A1c Poor Control (9%) (CMS 122) 3. Diabetic Retinopathy: Communication with the Physician Managing Ongoing Diabetes 4. Kidney Health Evaluation (CMS 95) – GFR and uACR <p>Frailty or advanced illness, ESRD, and/or palliative care diagnosis codes may provide a denominator exclusion.</p>

** Additional documentation and diagnoses are required. For example, CKD with proper staging.