

CLINICAL DOCUMENTATION: MORBID (SEVERE) OBESITY

THE DIAGNOSIS	Morbid (Severe) Obesity
COMMON CONDITIONS INCLUDED IN HCC GROUP 48	<p>Morbid (severe) obesity due to excess calories – E66.01</p> <p>Morbid (severe) obesity with alveolar hypoventilation – E66.2</p> <p>Body mass index (BMI) 40 – 44.9 – Z68.41</p> <p>Body mass index (BMI) 45 – 49.9 – Z68.42</p> <p>Body mass index (BMI) 50 – 59.9 – Z68.43</p>
V28 MODEL CHANGES RAF score = 0.186	<p>No additions, removals, or changes to this HCC group – HCC 48.</p> <p>BMI diagnoses included in this HCC group are secondary diagnoses and should NOT be coded alone. They require a weight related diagnosis in the same encounter.</p> <p>Patients with a BMI of 35.0 – 39.9 and at least one weight related comorbidity (type 2 diabetes, CAD/ischemic heart disease, CHF, hypertension, COPD, OSA, GERD, and hyperlipidemia) should be coded as severe obesity with comorbidity (E66.01).</p>
MEAT the DOCUMENTATION	<p>Assessment and Plan example:</p> <p>Severe obesity with comorbidity – E66.01</p> <p>BMI 37.0 – 37.9 – Z68.37</p> <p>Hypertension – I10</p> <p>Hyperlipidemia – E78.5</p> <p>Ms. L presents today for her well-woman exam. BMI today is 37.5. Her blood pressure remains stable on lisinopril. Pt is tolerating her rosuvastatin without any issue. Pt is fasting, therefore we will get a lipid profile and CMP today. Pt states she is still unable to lose weight despite lifestyle changes. Had discussion with patient regarding the weight loss drug options like tirzepatide. Pt states she wants to think about it due to its cost.</p> <p>M – Signs and symptoms, such as chest pain, palpitations.</p> <p>E – Test results or vital signs, such as lipid profile, CMP, blood pressure.</p> <p>A – Order tests or patient discussion, such as weight loss discussion.</p> <p>T – Medications, therapy, or other modalities, such as rosuvastatin.</p>
IMPACT on QUALITY – HEDIS MEASURES	<p>Morbid or severe obesity is not considered an advanced illness or frailty diagnosis. Yet capturing this data is important since we know severe obesity is linked to many other diseases.</p>